



# Home Matters



The newsletter for The Royal Cambridge Home  
Late-Summer 2020

*Celebrating inclusiveness in all that we do*

In these strange times of ours we have learnt to appreciate the small things in life. It certainly has been a breath of fresh air receiving visits from relatives and friends, albeit in very controlled circumstances. Mostly, visits have taken place in our beautiful garden as this year's summer has been quite exceptional.

Recently, a few of us took ourselves off down to the river for a stroll and a change of scene.



Three Sootys and an Esme



Lavinia, Janet, Gay & Beryl enjoy a Bushy Park ice cream

Also, for the first time in many, many months we dusted off our dear friend the minibus and hopped on board (driven by Gillian and co-piloted by Gay after a quick brush up on the highway code...well, it's been quite a while) and off we went to Bushy Park.

We parked up and sent Gay off to the nearest ice cream seller!

We can not tell you how uplifting this was and although we did not leave the bus, the change of scene was well worth it. A deer even had a dip in one of the ponds.

The following week we took advantage of the Government's last few days of "Eat Out to Help Out" (we are good citizens) and climbed back on board the faithful minibus for two consecutive pub lunches, one on the Tuesday and the other on the Wednesday at The Marquis of Granby. Never again will we take normality for granted. What a treat it was to book a meal and enjoy fabulous food with our friends.

The main lounge continues to be a great venue for gatherings, musical concerts via live streamed links, various celebrations and of course, our regular morning exercise routines (there's no getting out of those!).



Eileen kicks off the art session

This coming week we look forward to our visiting theatre group, who will be performing "Hooray for Hollywood" in the garden, whilst we enjoy the entertainment from the library.



## New Resident

We welcomed David a few weeks ago, who is here for a period of respite. A belated welcome David. It's lovely to have you here.

## Staff News

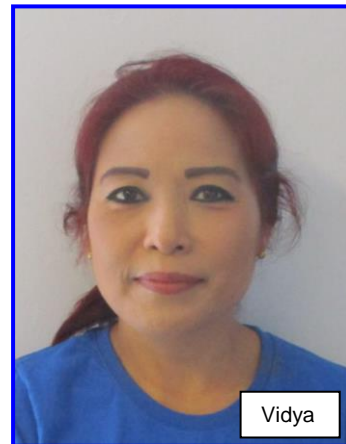
She's back. Vidya left here three years ago but due to a personal change we are all delighted she has decided to return. She joins the care team as an experienced carer.

We also welcome back another familiar face. Amparo, who left about a year ago for an extended trip to Columbia. We were thrilled to take a call from her recently enquiring about our part-time kitchen assistant role.

It's great to have you both back.

## A Smart New Look

We've had a bit of a revamp! Most of the team have new uniforms and we have to say they do look fabulous. Vicky our Care Manager wears a dark blue, our two Seniors Ewa and Ita a slightly lighter colour and the care team are in light blue.



## Covid-19

Testing continues to be a way of life for us, so thank you everyone for taking part so willingly. All our residents are tested every 28 days. Staff are tested weekly.

We are pleased to report that we are in the clear. However, we have, like so many homes around the country, been waiting for our new supply of testing kits, as there has been a backlog. We are pleased to report that just before this newsletter went to print we received a confirmed delivery date of Saturday 29<sup>th</sup> August, therefore testing will resume from Tuesday 1<sup>st</sup> September.

## Birthdays

It's a bumper month coming up for the following residents:

4 – Duncan.....19 – Lavinia.....23 – Janet.....30 – Gisele

Happy Birthday everyone.







Here I am looking dashing, having just told Beryl one of my "knock knock" jokes

## News from The Dark Furry One...

Hello All, Max here.

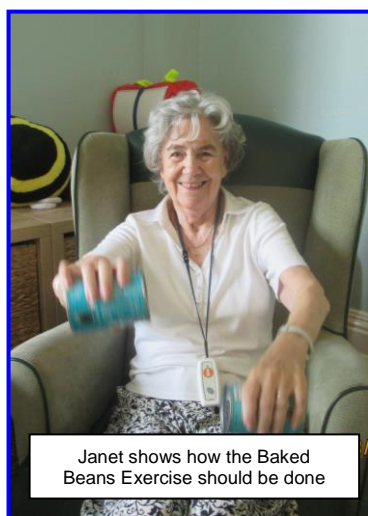
I don't mind telling you I have been run off my paws lately. Now that my staff have opened the gates for visits to my residents it has been extremely stressful. I have had to step up my patrols in the garden area and made sure my staff have been fully briefed on safety procedures, which has involved one-to-ones, incorporating diagrams and presentations. Not easy.



Briefing Rory on security measures for the day

You continue to be my faithful servants and I shall report on staff training in due course

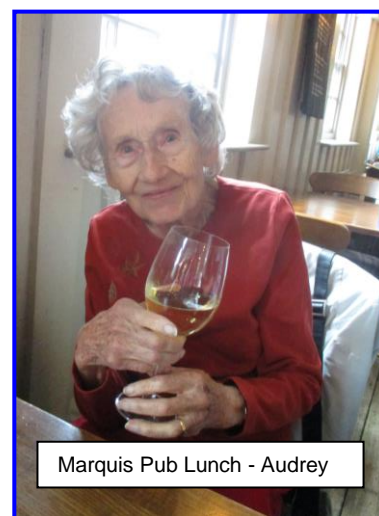
**Max Cambridge, Head of Pest Control and Security (admired by all and utterly gorgeous)**



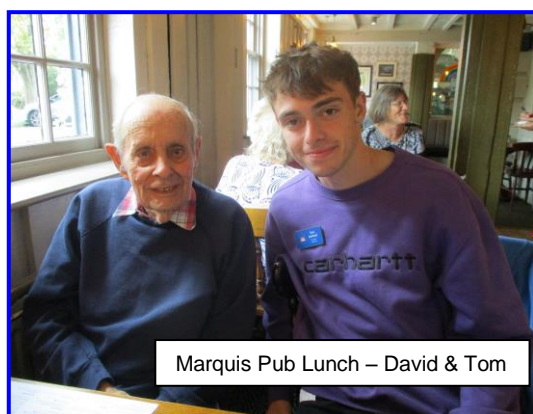
Janet shows how the Baked Beans Exercise should be done



Marquis Pub Lunch - Pat



Marquis Pub Lunch - Audrey



Marquis Pub Lunch – David & Tom



Marquis Pub Lunch – Amie & Lavinia



## A note from Robert Dowler, Chairman

“Lock down”, “Isolation”, “Quarantine” – words which now form part of daily language as we live with the effects of Covid-19 and, sadly, have great importance and impact on the day to day life of the Home. Keeping our residents in the safest possible environment is an onerous responsibility and, on behalf of the trustees, I cannot overstate how grateful we are to Rory and all members of the staff for the way they have carried on delivering care since this disease became a fact of life earlier in the year. Regular testing and monitoring will remain a fundamental and essential procedure in ensuring as far as is humanly possible that we continue a safe haven for all at the Home.

Hopefully the relaxation of certain restrictions enabling visits by individual family members or friends will be able to continue but please bear with the Home if this has to be suspended for any reason. I am sure that we all long for that day when these conditions are a thing of the past. Thank you all so much for your cooperation.

On the development front I am pleased to say that our appeal against the refusal of planning consent has now been submitted to the Planning Inspectorate. A huge amount of work has been invested in constructing our case. We wait to hear when the appeal will be heard and in what form. The best “guess” is at the end of this year or early next year.

Meanwhile I hope you will enjoy what remains of this unusual summer. Please stay safe.

**Robert Dowler, Chairman**



Marquis Pub Lunch – Gay & Gisele



## Social Media

Follow us on Instagram and Twitter for all the latest photos and news as well as our newly revamped website [www.royalcambridgehome.org](http://www.royalcambridgehome.org)

## Useful Telephone Contacts

*Welcoming everyone, regardless of disability, pregnancy, age, sex, gender reassignment, marital status, race, sexual orientation or religion*

**The Care Quality Commission (CQC)** – 03000 616161  
**LGBT (Lesbians, Gays, Bisexuals and Trans People) Switchboard** – 0300 330 0630  
**Citizens Advice Bureau** – 01932 248660  
**Alzheimer's Society** – 01372 729988  
**Safeguarding Advisor** – 07968 834157  
**Mental Health Services** – 01372 203400

*A more extensive list of our local advocacy services is in the hallway and main office should you need them.*