



# Home Matters



The newsletter for The Royal Cambridge Home

**Love is in the air in February 2020**

*Celebrating inclusiveness in all that we do*

## Forever Glamorous

Here at The Royal Cambridge we threw ourselves into January with our normal style and panache. Not deterred by the constant rain (wow hasn't it been relentless!) we enjoyed some really interesting and different activities. The incredibly flamboyant pictures were as a result of our photoshoot morning. Oh we did enjoy that! Nobody escaped the clutches of the dressing up box and the camera.



Edie

## If I knew you were coming...

Our regular Friday morning baking sessions with Melissa and Gay are really taking off and we've all tasted the fruits of their labour. Thanks to everyone who has participated. We've enjoyed such treats as

The Royal Cambridge Banana Cake, Molesey Whirls (goodbye Vienna) and Surrey Cup Cakes. We have it on good authority they will be attempting some new recipes including Cherry, Chocolate and Coconut Tray Bake and they will also be dabbling in creating some home made ice creams.



Beryl

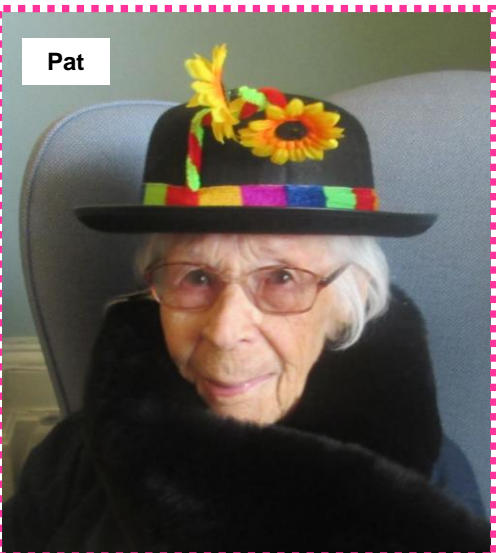


## Check Mate

Gillian purchased a new chess set recently to add to the repertoire of board games and this has really been quite a hit. Staff member Mary has enjoyed many a game with Eileen.....ooooh the competition.

## Cheers!

We had our monthly pub lunch at The Marquis, which again, was a fun few hours out.



Pat



Xayden

## Living the dream

Brian, our incredibly talented local pianist and friend to the Home, came in and entertained us with some wonderful old music hall tunes. It was ever so hard in the office not to down tools and join in. Working to a backdrop of songs such as "Doing The Lambeth Walk" and "Bring Me Sunshine" is really quite special – in our opinion there is no other place like The Royal Cambridge to live and work!

## New kid on the block

Much to the dismay of resident cat Max we had a charming new visitor; the rather delicious Xayden, a 12 week old Staffie, who arrived with Ruth the district nurse. Cor, isn't he gorgeous!



Brian entertains

## Birthdays

This month we celebrate two on the same day! Happy birthday to Pat and Joyce who will be opening cards and enjoying cake on Wednesday 12<sup>th</sup> February, which just happens to coincide Brian playing the piano in the morning. What a day to have a birthday. Enjoy ladies.

## Staff News

We've been busy on the recruitment side. We have added two new lovely staff members to our team. Joseph joins the Bank side and Gladys joins as a full time day carer. Good luck both and welcome to The Royal Cambridge.

## Redevelopment Update

You are all probably wondering what is happening since we received the disappointing news that our initial planning submission was declined at the planning committee meeting at the end of last year. We have had time to dust ourselves and hope to report back over the next few weeks with positive updates. In the meantime, if anyone has any questions at all then please remember that Rory has an open door policy and do not hesitate to pop in for a chat. Onwards and upwards as we say folks.



## News from The Dark Furry One...

Hello All, Max here.

As you can see by the amazing picture on the right I am now back in the swing of things after a very productive January. Do not be fooled, I am not lounging...this is my "Sheepskin Rug" pose. I recently deployed this in the main office to listen and look out for any shenanigans they may be up to, which is a full time job. I am wearing a fat suit which assists with my undercover work; underneath this state-of-art suit I have the latest in surveillance technology, with the stomach area containing a filming and recording device. I am quite delighted with this as I have managed to maintain my debonair good looks and the staff have absolutely no idea what is going on. Bond's the name, Max Bond.



Surveillance Manoeuvres

As we approach the Spring period I shall also be increasing my rodent and cat patrols of the local area, so if you happen to see me lurking underneath one of the garden shrubs this is another of my carefully planned manoeuvres. Please do not disturb me, I am extremely hard at it.

**Max Cambridge, Head of Pest Control and Security and admired by all. It's cool to be a cat.**



Audrey & Diane



The odd couple...Dan & Gay

Gillian, deep in activity planning



## Forthcoming Highlights & Diary Notes

We welcome Liliana, our florist, back after a short break in January. She will be here for the afternoon of Monday 3<sup>rd</sup> February to hold her popular floristry class. Book your seat in the lounge.

Ron Thomas from Music in Hospitals joins us on Wednesday 5<sup>th</sup> February for a toe tapping set.

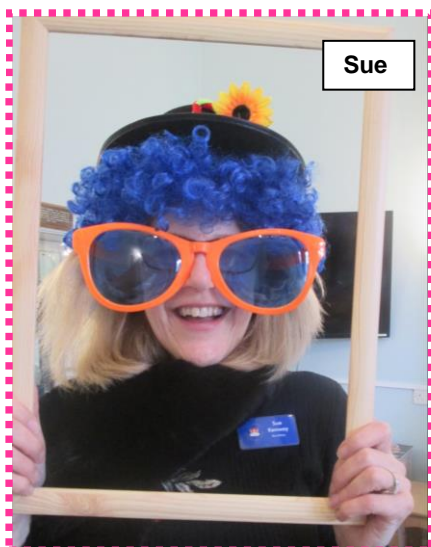
Finally, join us in the lounge on Tuesday 25<sup>th</sup> February for Shrove Tuesday for the annual Flip & Dash Pancake Run. Staff and residents compete to lift the coveted winners' trophies. Leave your kitten heels behind, brush off those trainers and limber up folks.



Other key diary events:

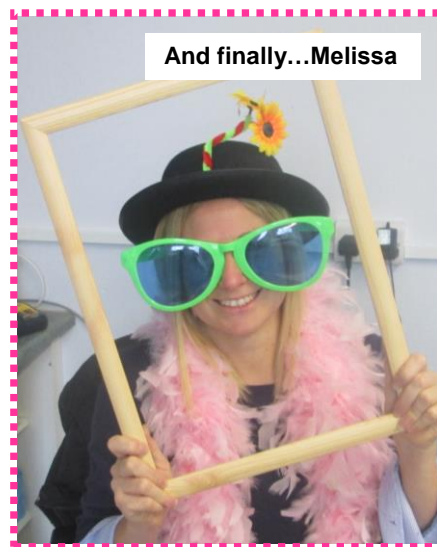
- **Residents' Meeting** – Monday 3<sup>rd</sup> February at 11.00am.
- **Shopping at Tesco** – Thursday 13<sup>th</sup> February & Thurs 27<sup>th</sup> February, both departing at 10.30am.
- **Library Trip** – Wednesday 19<sup>th</sup> February, departing at 2.30pm.
- **Tim the Chiropodist** – the morning of Thursday 20<sup>th</sup> February

Sue



BRING ME SUNSHINE IN YOUR SMILE  
BRING ME LAUGHTER ALL THE WHILE  
IN THIS WORLD WHERE WE LIVE  
THERE SHOULD BE MORE HAPPINESS  
SO MUCH JOY YOU CAN GIVE  
TO EACH BRAND NEW BRIGHT TOMORROW  
MAKE ME HAPPY THROUGH THE YEARS  
NEVER BRING ME ANY TEARS  
LET YOUR ARMS BE AS WARM  
AS THE SUN FROM UP ABOVE  
BRING ME FUN  
BRING ME SUNSHINE  
BRING ME LOVE!

And finally...Melissa



## Social Media

Follow us on Instagram and Twitter for all the latest photos and news as well as our newly revamped website [www.royalcambridgehome.org](http://www.royalcambridgehome.org)

## Useful Telephone Contacts

*Welcoming everyone, regardless of disability, pregnancy, age, sex, gender reassignment, marital status, race, sexual orientation or religion*

**The Care Quality Commission (CQC)** – 03000 616161  
**LGBT** (Lesbians, Gays, Bisexuals and Trans People) **Switchboard** – 0300 330 0630  
**Citizens Advice Bureau** – 01932 248660  
**Alzheimer's Society** – 01372 729988  
**Safeguarding Advisor** – 07968 834157  
**Mental Health Services** – 01372 203400

*A more extensive list of our local advocacy services is in the hallway and main office should you need them.*

# The diary for a simply fabulous February 2020

	Morning	Afternoon
Sat 1 <sup>st</sup> Feb	Grace, the hairdresser	
Sun 2 <sup>nd</sup> Feb	11.00am – Sherry in the lounge	
Mon 3 <sup>rd</sup> Feb	11.00am – Residents' Meeting	2.30pm – Liliana, the Florist
Tues 4 <sup>th</sup> Feb	10.30am – Keep Fit	2.30pm – Board Games <b>6.30pm-7.30pm – Evening Activity</b>
Weds 5 <sup>th</sup> Feb	11.00am – Music in Hospitals – Ron Thomas	2.30pm – Bean Bag Game
Thurs 6 <sup>th</sup> Feb	10.30am – Hand Massages	2.30pm – Quiz & Poetry
Fri 7 <sup>th</sup> Feb	10.30am – Baking with Melissa & Gay	2.30pm – Bingo <b>6.30pm-7.30pm – Evening Activity</b>
Sat 8 <sup>th</sup> Feb	Grace, the hairdresser	
Sun 9 <sup>th</sup> Feb	11.00am – Sherry in the lounge	
Mon 10 <sup>th</sup> Feb	10.30am – Keep Fit to Music	2.30pm – Board Games
Tues 11 <sup>th</sup> Feb	10.30am – Coffee, cake, fun & games	2.30pm – Quiz & Poetry <b>6.30pm-7.30pm – Evening Activity</b>
Weds 12 <sup>th</sup> Feb	<b>Pat &amp; Joyce's Birthdays</b> 10.30am – Brian the Pianist	2.30pm – Seated Netball
Thurs 13 <sup>th</sup> Feb	10.30am – Tesco Shopping	2.00pm – Bingo
Fri 14 <sup>th</sup> Feb	10.30am – Heart Shaped Biscuits with Melissa & Gay	2.30pm – Quiz & Poetry <b>6.30pm-7.30pm – Evening Activity</b>
Sat 15 <sup>th</sup> Feb	Grace, the hairdresser	
Sun 16 <sup>th</sup> Feb	11.00am – Sherry in the lounge	
Mon 17 <sup>th</sup> Feb	10.30am – Keep Fit	2.30pm – I Spy Bottles
Tues 18 <sup>th</sup> Feb	10.30am – Hand Massages	2.30pm – Hopes on a Pole <b>6.30pm-7.30pm – Evening Activity</b>
Weds 19 <sup>th</sup> Feb	10.30am – Keep Fit with Pom Poms	2.30pm – Library
Thurs 20 <sup>th</sup> Feb	<b>AM – Tim, the chiropodist</b> 10.30am – Making bird feeders	2.30pm – Horseshoe Game
Fri 21 <sup>st</sup> Feb	10.30am – Baking with Melissa	2.30pm – Friday afternoon Bingo <b>6.30pm-7.30pm – Evening Activity</b>
Sat 22 <sup>nd</sup> Feb	Grace, the hairdresser	
Sun 23 <sup>rd</sup> Feb	11.00am – Sherry in the lounge	
Mon 24 <sup>th</sup> Feb	11.00am – Hymns & Prayers with St Paul's	2.30pm – Skittles
Tues 25 <sup>th</sup> Feb	11.00am – "Flip & Dash Pancake Run"	2.30pm – Crafts <b>6.30pm-7.30pm – Evening Activity</b>
Weds 26 <sup>th</sup> Feb	10.30am – Keep Fit to Music	2.30pm – Quiz & Poetry
Thurs 27 <sup>th</sup> Feb	10.30am – Tesco Shopping	2.30pm – Quiz Ball
Fri 28 <sup>th</sup> Feb	10.30am – Baking with Melissa & Gay	2.30pm – Boules <b>6.30pm-7.30pm – Evening Activity</b>
Sat 29 <sup>th</sup> Feb	Grace, the hairdresser	
Sun 1 <sup>st</sup> Mar	11.00am – Sherry in the lounge	
Mon 2 <sup>nd</sup> Mar	11.00am – Residents Meeting	2.30pm – Quiz & Poetry
Tues 3 <sup>rd</sup> Mar	10.30am – Keep Fit to Music	2.30pm – Board Games <b>6.30pm-7.30pm – Evening Activity</b>
Weds 4 <sup>th</sup> Mar	10.30am – Coffee, cake & games	2.30pm – Beanbag Game
Thurs 5 <sup>th</sup> Mar	10.30am – Hand Massages	2.30pm – Skittles
Fri 6 <sup>th</sup> Mar	10.30am – Baking with Melissa & Gay	2.30pm – Friday afternoon Bingo <b>6.30pm-7.30pm – Evening Activity</b>