

Home Matters

The newsletter for The Royal Cambridge Home
A gloriously glowing and sun kissed August 2019

A summer party to remember...

The sun shone, the band played, the drinks flowed, conversation and laughter filled the air and we ate some absolutely delicious food. That pretty much sums up a searingly hot July but in particular our annual Summer Garden Party. Thank you to all those lovely folk who donated raffle prizes, all the volunteers who gave up their time so generously and to everyone who came along to support us, including our Mayor Mary Sheldon. Each year we normally end the day with the immortal words "weren't we lucky with the weather" and "wasn't that a fantastic afternoon", and all the cliches were used again this year; it was a wonderful afternoon and yes, yet again the sun shone down on us! And the good news is we raised a whopping £300.00 from the proceeds of our Grand Summer Raffle, which is marvellous news as this goes straight into our residents' entertainment fund, which helps us enormously with booking entertainment or organising trips. And lastly, as ever, enormous thanks to Major Phil Shannon and the excellent band from The Royal Hospital Chelsea, who provided the musical backdrop.



We took plenty of photographs from the afternoon, so if you were there with us on the day, the chances are you may see yourself featured in our hall of fame in this issue but do check the noticeboards where all of them will be posted. Thanks everyone again for a memorable afternoon.



Helen from the ABF with Audrey

ABF visit

Helen McMahon and Lizzie Stephens visited us earlier in the month from ABF, The Soldiers' Charity, as they are celebrating their 75th Anniversary of their charity and the D Day celebrations this year. To mark this auspicious year they came and interviewed three of our residents who had played significant parts in their armed services careers. They brought along a professional photographer, who captured the interviews perfectly.

The ABF has been very supportive over the years to The Royal Cambridge and it was a pleasure to meet Helen and Lizzie and to be able to return the favour.



Duncan with wife Mary



Eileen with niece Fiona

Chef Alain in new kitchen



Kitchen

We are delighted to announce that the main kitchen has moved up to the ground floor, fully refurbished and near to all the main facilities. Thanks to everybody who worked so hard on this project – a great job.

House!

There's been a lot of activity in the lounge recently and the weekly bingo sessions are extremely popular. Winners every session. Card games and dominoes also see some healthy competition.

Gillian and Marjorie play bingo



Clickity Click – Bingo with Doriana, May, Eileen & David



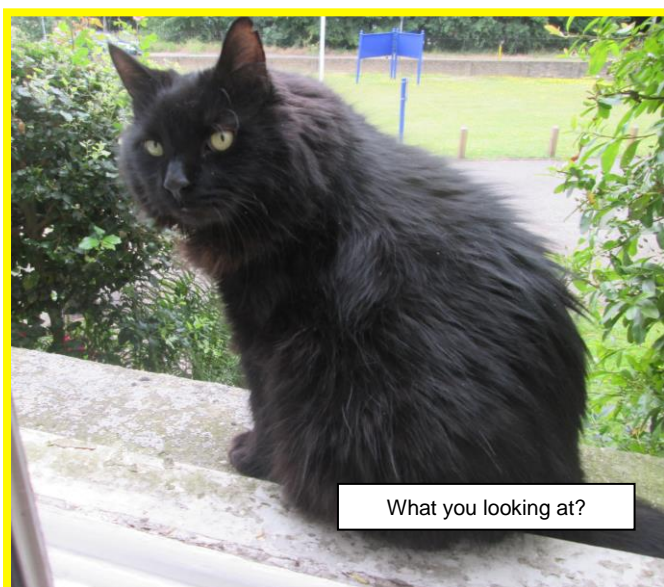
Birthdays

Happy birthday dear Wendy who celebrates on the 14th.

News from the dark furry one...

Our lovely Max has been under the weather. We were concerned about him and took him to the vets, who reported that he has a nasty case of cystitis. He is currently on a course of antibiotics and anti-inflammatory medicine. He is making great progress and is well on the road to recovery (but don't mention his diet plan!).

In the meantime, we are keeping him hydrated with lots of fresh water and of course, the usual love and attention from his large doting family at The Royal Cambridge.



What you looking at?

A musical soiree

Our special thanks go out to **Reverend Anne Farmer** and **Peter Toth** who conducted the most wonderful prayers and music session in the lounge. We were joined by local neighbours and some members of St Paul's congregation for a most uplifting morning. We are very much hoping to schedule in regular monthly gatherings here at the Home as it proved to be very popular.



Gay makes out she can't possibly work on her birthday present laden desk – the tricks folk will try...

Forthcoming Highlights & Diary Notes

We have got some lovely outings this month. First up is the **pub lunch on Friday 16th Aug**. It starts the weekend off beautifully, so please do see Gay or Gillian if you would like to attend. We cannot recommend this enough. Good food and company, so please book your slot.

Subject to weather, we have also scheduled to go to the coast for the day on **Wednesday 21st August to Littlehampton**. This is a brilliant day out, so do get in early and reserve your place aboard our minibus for a fun and memorable day out.

Also booked in the diary is a morning at **Hampton Court Palace**. We will travel in comfort by minibus and park at the Palace. This is taking place on **Tuesday 27th August**.

We will also be taking the minibus out for a spin to **Bushy Park on Tuesday 20th August**, which will more than likely involve ice creams at some point!

Other regular key notes for your diaries:

- ⊙ **Residents' Meeting** – Thursday 1st August at 10.30am in the Chapel Lounge
- ⊙ **Shopping at Tesco** – Weds 7th Aug, Thurs 22nd Aug, Thurs 5th Sep, all departing at 10.30am
- ⊙ **Library Trip** – Thurs 8th Aug at 10.30am, Thurs 29th Aug at 2.30pm
- ⊙ **Hampton Court Gardens** – Thurs 25th July at 11.00am.
- ⊙ **Chiropodist (Tim)** – Morning of Thursday 15th August



Social Media

Follow us on Instagram and Twitter for all the latest photos and news as well as our newly revamped website www.royalcambridgehome.org

HOT OFF THE PRESS – Plans go LIVE

We are happy to report that all the bat surveys have been completed and our plans are now **LIVE** for the public to view and comment on the Elmbridge Council Planning page. We would very much appreciate your support for our exciting future and if you are able to spare five minutes to submit letters of support then please search for our application no. **2019/1813** and from here please click on the tab "Comment on this application".

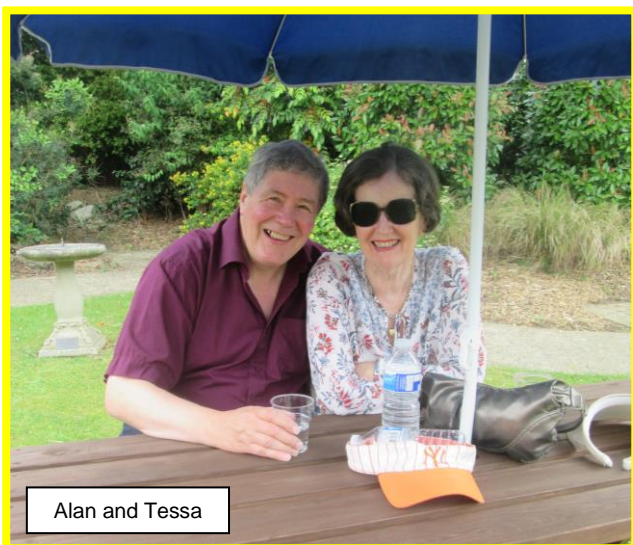
In the interim, if there is anything about the planned redevelopment or any comments, concerns or issues that you would like to discuss then please do not hesitate to contact Rory or the team. We do operate an open-door policy and also we can arrange an appointment when convenient. There is also Rory's **monthly Manager's Thursday evening drop-in service from 6.00pm – 7.30pm**, dates of which are posted up in the main Reception area or from the Office.

Useful Telephone Contacts

The Care Quality Commission (CQC) – 03000 616161
Citizens Advice Bureau – 01932 248660
Alzheimer's Society – 01372 729988
Safeguarding Advisor – 07968 834157
Mental Health Services – 01372 203400

A more extensive list of our local advocacy services is in the hallway and main office should you need them.

The 2019 Summer Garden Party



Alan and Tessa



Stuart, Beryl, Mark & Natalie



David, Carol & Major Tatham



Cheers Jean (on the left) and for making the magnificent doorstep, as one of our raffle prizes



Our Mayor Councillor Mary Sheldon with Chairman Robert Dowler



Mary and Marjorie



Joyce with daughter Jenny and grandson



Sandra, Ann & Tom



Edie's family, with Martin, Tricia & Eileen



Mary with daughter Vicky and granddaughter



Wendy and family



Rory and Sue

The Diary for August 2019

Date	Morning	Afternoon
Thurs 1 st Aug	11.00am – Residents' Meeting	2.30pm – Skittles
Fri 2 nd Aug	11.00am – Keep Fit with Pom Poms	2.30pm – Bingo 6.30pm-7.30pm – Evening Activity
Sat 3 rd Aug Sun 4 ^h Aug	Grace, the hairdresser 11.00am – Sherry in the lounge	
Mon 5 th Aug	10.30am – Keep Fit to Music	2.30pm – Hand Massages
Tues 6 th Aug	10.30am – Jam Jar Game	2.30pm – Quiz & Poetry 6.30pm-7.30pm – Evening Activity
Weds 7 th Aug	10.30am – Tesco's Shopping Trip	2.30pm – Board Games
Thurs 8 th Aug	10.30am – Library Visit	2.30pm – Janet & Pretzel (PAT dog)
Fri 9 th Aug	AM – Hairdressing (by Gay)	2.30pm – Bingo 6.30pm-7.30pm – Evening Activity
Sat 10 th Aug	<u>Please note - No Grace today</u>	
Sun 11 th Aug	11.00am – Sherry in the lounge	
Mon 12 th Aug	10.30am – Keep Fit	2.30pm – Quiz Ball
Tues 13 th Aug	10.30am – Coffee & Cakes	2.30pm – Bean Bag Game 6.30pm-7.30pm – Evening Activity
Weds 14 th Aug	Wendy's Birthday 10.30am – Keep Fit	2.30pm - Seated Netball
Thurs 15 th Aug	AM – Tim, the Chiroprapist	2.30pm – Horseshoe Game 6.00pm – Manager's Monthly Drop-In Session
Fri 16 th Aug	11.30am – Pub Lunch	2.30pm – Bingo 6.30pm-7.30pm – Evening Activity
Sat 17 th Aug	Grace, the hairdresser	
Sun 18 th Aug	11.00am – Sherry in the lounge	
Mon 19 th Aug	10.30am – Music in Hospitals	2.30pm – Boules
Tues 20 th Aug	10.30am – Hymns & Prayers with Rev Anne Farmer 10.30am – Bushy Park	2.30pm – Quiz & Poetry 6.30pm-7.30pm – Evening Activity
Weds 21 st Aug	– Trip to Littlehampton –	
Thurs 22 nd Aug	10.30am – Tesco's Shopping Trip	3.00-4.00pm Zoolab
Fri 23 rd Aug	10.30am – Keep Fit with Pom Poms	2.30pm – Bingo 6.30pm-7.30pm – Evening Activity
Sat 24 th Aug	Grace, the hairdresser	
Sun 25 th Aug	11.00am – Sherry in the lounge	
Mon 26 th Aug	10.30am – Keep Fit to Music	2.30pm – Quiz & Poetry
Tues 27 th Aug	10.30am – Hampton Court Gardens	2.00pm – Memory Tray 6.30pm-7.30pm – Evening Activity
Weds 28 th Aug	10.30am – Keep Fit	2.30pm – What's in the Bag
Thurs 29 th Aug	10.30am – Sing-A-Long / Library Visit	2.30pm – Games
Fri 30 th Aug	10.30am – Hand Massages	2.30pm – Bingo 6.30pm-7.30pm – Evening Activity
Sat 31 st Aug	Grace, the hairdresser	
Sun 1 st Sep	11.00am – Sherry in the lounge	
Mon 2 nd Sep	10.30am – Residents' Meeting	2.30pm – Board Games
Tues 3 rd Sep	10.30am – Gardening Club	2.30pm – Quiz Ball
Weds 4 th Sep	10.30am – Keep Fit to Music	2.30pm - Bingo
Thurs 5 th Sep	10.30am – Tesco's Shopping Trip	2.30pm – Skittles
Fri 6 th Sep	10.30am – Coffee, cake in lounge / garden	2.30pm – Quiz & Poetry

All outdoor activities are subject to the Great British weather.